



"Support for You whilst Working and Caring for a Loved One"

Are you looking after a Loved One who needs a lot of Care? Do they live with you, round the corner or in another part of the country or even abroad? Do they have dementia, a critical illness or a long term condition?

If you're finding it hard to cope with working and directly or indirectly looking after them then this programme will give you information and guidance, plus confidence and re-assurance to help you cope better with your situation and the stress that comes with working and caring.

This online help and support programme content covers:

Part 1 - Becoming a carer

Part 2 – Getting finances and paperwork in order

Part 3 – Coping with working and caring

Part 4 – Keeping up to date at work

Part 5 – Dealing with the NHS and Social Care

Part 6 - Your loved one's final journey

Part 7 – Websites and information

There are also links to downloadable help sheets and templates you can use for keeping track of medication, hospital and social care appointments and discussions about your Loved One

Each of the 7 parts has between 3 and 6 sections with breaks built in for reflection and deciding what you need to do, before continuing.

It takes about 3 hours if you go through from start to finish, but you can stop, rewind, fast forward and repeat any part as often as you need to.



There are 3 different options you can buy and download – there is no VAT to pay

Option A: £120

Part 1 - Becoming a carer

Part 2 – Getting finances and paperwork in order

Part 3 – Coping with working and caring

Part 7 – Websites and information

There are also links to downloadable help sheets and templates you can use for keeping track of medication, hospital and social care appointments and discussions about your Loved One

Option B: £120

Part 4 – Keeping up to date at work

Part 5 – Dealing with the NHS and Social Care

Part 6 - Your loved one's final journey

Part 7 – Websites and information

There are also links to downloadable help sheets and templates you can use for keeping track of medication, hospital and social care appointments and discussions about your Loved One

Option C: £195

Part 1 - Becoming a carer

Part 2 – Getting finances and paperwork in order

Part 3 – Coping with working and caring

Part 4 – Keeping up to date at work

Part 5 – Dealing with the NHS and Social Care

Part 6 - Your loved one's final journey

Part 7 – Websites and information

There are also links to downloadable help sheets and templates you can use for keeping track of medication, hospital and social care appointments and discussions about your Loved One



If you want to buy this programme then ctrl click on this link

<http://joinedupwork.co.uk/online-program/>

Payment can be made by Paypal. Don't worry if you don't have a Paypal account – you can use it as a guest without having to sign up to it.

Once you've chosen and paid for your programme you'll be given a link and a password so you can get started.

You are allowed to share this programme with up to 4 family members who are looking after your Loved One. The programme itself is copyrighted.

If you've got any questions or comments, please contact me. I designed this programme to be useful and to help people who are in a difficult situation and I hope it helps you too.

Best wishes

Sue

Sue Grogan – Director

Joined-Up Working

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