



"Support for Staff Working and Caring for a Loved One"

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This online support programme is designed to provide Information and Guidance to staff who are directly or indirectly Caring for a Loved One with Dementia or a Critical or Complex Condition.

They will gain Confidence and Re-assurance to be able to cope better with their situation and continue to be focussed and productive within your business, reducing absenteeism, potential resignations and recruitment costs.

This online support programme content covers:

Part 1 - Becoming a carer

Part 2 – Getting finances and paperwork in order

Part 3 – Coping with working and caring

Part 4 – Keeping up to date at work

Part 5 – Dealing with the NHS and Social Care

Part 6 - Your loved one's final journey

Part 7 – Websites and information

There are also links to downloadable help sheets and templates for personal use for keeping track of medication, hospital and social care appointments and discussions.

The programme takes 3 hours from end to end and is designed for individual use. A staff member can work at their own pace and can revisit and repeat any part as often as is needed.

Each of the 7 parts has between 3 and 6 sections with breaks built in for reflection and action planning before continuing.

There are a number of purchasing options or a bespoke option can be developed for your business

Please contact me for a discussion. [Click here to watch a sample video](#)

<https://youtu.be/mzBVeZM6o90>

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